



# 3 Ingredient Banana Bread



*A recipe for banana bread which uses three simple ingredients - and it only costs \$6.10 to make !  
A great base recipe for muffins as well - substitute the banana for choc chips!*

## INGREDIENTS:

- 5 SMASHED BANANAS
- 1 TIN CONDENSED MILK
- 2 CUPS OF SELF RAISING FLOUR

## INSTRUCTIONS:

1. SIFT FLOUR INTO A BOWL
2. ADD SMASHED BANANAS AND CONDENSED MILK
3. COMBINE WELL
4. PLACE IN BREAD TIN
5. PLACE IN PREHEATED OVEN 180 DEGREES
6. BAKE FOR 20-30 MIN

### OPTION:

ADD A DROP OF WATER TO THE BOTTOM OF A SLOW COOKER AND PLACE THE CAKE TIN INSIDE  
COOK ON HIGH FOR TWO HOURS WITH A TEA TOWEL UNDER THE LID TO CATCH CONDENSATION

