

CATEGORY 1 MULTIHULLS For O			Offshore Races of long distance well offshore					
DATE OF AUDIT					NAME:			
					stated in Notice of Race. spot checks Special Regu			required
OWNER DETAILS	age to main	tain cor	прпапсе.	Subject to	spot checks Special Regu	ilation (SK) 2.0	J2.2	
OWNER(S) NAME(S):								
OWNER(S) CLUB(S):								
BOAT DETAILS								
LH:					BOAT REGISTRATION N	IO:		
DISPL (tonnes):					VARIABLE (WATER) BAL	LAST: YE	S NO	
HULL COLOUR:					FIXED KEEL or LIFTING	KEEL or CANTI	NG KEEL (circle)	
DECK COLOUR:					DISTINGUISHING MARK	S:	· · · · · ·	
MAX CREW:								
RADIO & EPIRB RE	GISTRATIO	DN						
SR 3.25 MARINE RADIO	D: HF radio	and/or S	atellite pho	ne (Circle)	Registered call sign Satellite phone no:			
SR 4.18.1 EPIRB(s): Reg	istered YES	S NO	Number	of units fo	r boat:	Number to b	e hired:	
SR 5.05.1 PLBs: Reg	gistered YE	s NO	Number	of units fo	r boat:	Number to b	e hired:	
DECLARATION BY	PERSON II	N CHAF	RGE					
particular SRs 1.02.1, 1.02 out only as a guide to persunlimited responsibility of	.2, 1.02.3 (Ressons in charge the person in cas specified in	ponsibility and race harge as	y of the perse organising defined in S	on in charge authorities. Rs 1.02.1,	pecial Regulations (https://www e), and SR 2.03.1 (Function of I understand that an auditor of 1.02.2, 1.02.3 and 2.03.1. I un ions, and ensure it will be on I Date:	equipment). I un does not limit or dertake that I wi	nderstand that this au reduce the complete Il maintain in good w	dit is carried and
OUTSTANDING ITE	MS – This a	audit is I	not valid ι	until the o	utstanding items have b	een re-inspe	cted	
Outstanding Item					Re-Inspected by		AS No.	Date
EQUIPMENT AUDIT	OR DECLA	RATIO	N					
I have checked the abover the AS Special Regulations				SR 2.02.1, a	as summarised in the following	list, and the iter	ms listed were compl	iant as per
Audited by AS NEA:(print name)	at the time an	u date of	triis audit.		Signed by AS NEA:			
AS Number:					Date:			
EARLIEST EXPIRY	DATES – ir	ndicate	'hire' or	not appli	cable 'n/a' if relevant			
ITEM	EARLIEST EXPIRY	UPDATE	D ST EXPIRY	AUDITOR	ITEM	EARLIEST EXPIRY	UPDATED EARLIEST EXPIRY	AUDITOR
Fire ext (12 mth.)	EAPIRI	EARLIES	DIEAFIKI		Inflatable lifebuoy(s)	EAFIRT	EARLIEST EXPIRT	
EPIRB(s)					Inflatable danbuoy(s)			
Liferaft(s)					Lifejackets			
Flares parachute					PLBs			
Flares red hand					AIS personal beacons	<u> </u>		
Flares white hand					Office Use – Auditor c	neck not requ	ıırea	
Flares orange hand Trysail or 50% reefing (l circle)				Radio certificate			
	<u> </u>	ept self-	servicin <u>a</u> o	f lifejacket:		ecific requirem	nents.	
		-			- I -			

Page 1 of 4 Version 1.5 - 14 May 2024



CATEGORY 1	MULTIHULLS	For Offshore Races of long distance well offshore
DATE OF AUDIT	SAIL NO:	BOAT NAME:

This section to be completed and ticked or initialled by person in charge (P) and auditor(A). If item not applicable, mark 'n/a' or dash '-'

Reg	Structural Fixed Deck Items	Р	Α
2.03.1	Equipment functions & adequate for intended use	-	
2.03.2	Ballast & heavy equipment secured		
3.01 -	Section 3 Part 1 – Structural Features, Stability. See		
3.05	Keel and Rudder Inspection Form, and Organising		
	Authority requirements		
3.06.3	2 exits for each hull		
	(a) 1 x escape hatch per hull with accommodation for		
	ingress/egress in event of inversion (b) Age/Series Date 07/2010 or later, exit hatch		
	(b) Age/Series Date 07/2010 of later, exit flatch		
	(c) First launch on or after 01/2003, each escape hatch		
	to comply with 3.06.4(b)		
	(d) When inverted each escape hatch above waterline		
	(e) If first launched on or after 01/2001, each escape		
3.06.4	hatch to be at or near midships station		
LH ≥12m	(f) Catamaran first launched on or after 01/2003 each		
212111	escape hatch on side of hull nearest centreline (g) Catamaran first launched on or after 01/2003 with		
	central nacelle, underside handholds for all crew		
	(i) Trimaran first launched on or after 01/2003, at least		
	2 escape hatches as per with 3.06.4(b)		
	(j) Trimaran, handholds underside around central hull		
	for all crew		
	(k) Each escape hatch to have been opened at least		
	once from inside & outside within 6 months of race		
	Age Date on or after 07/2006: Exit hatches to comply with 3.06.4(b)		
	Age Date before 07/2006:		
3.06.5	(a) Each accommodation hull to have tools secured by		
LH	line & clip to cut escape hatch; and		
<12m	(a) Each accommodation hull to have tools secured by		
	line & clip to cut escape hatch		
	b) Each hull at escape hatch cut out position, sign inside & out "ESCAPE CUT HERE"		
	No hatches forward of maximum beam open inwards		
3.07.1	except if size < 0.071 m ²		
	(a)(i) Hatches above water when heeled 90°		
	(a)(ii) 4 non-conforming hatches permitted; 2 per side,		
3.07.2	size < 0.071 m ²		
	(a)(ii) Non-conforming hatches kept shut while racing (b) Hatches capable of being immediately shut;		
	permanently attached lid		
	Non-conforming hatches labelled		
3.07.3	'Not to be opened at sea'		
	Blocking device for low sill companionway		
	(a) Companionway hatch securing arrangement		
	(i) Operable from above and below		
3.07.4	(ii) Functions independently of blocking devices		
	(b) Blocking devices (e.g. washboards) (i) Capable of being retained with hatch open or shut		
	(ii) Secured to boat (e.g. by lanyard)		-
	(iii) Permit exit in event of inversion		
3.08.1	Cockpit strong, self-draining, & watertight (3.08.2)		
3.08.3	Bilge pump outlet not connected to cockpit drain		
3.08.8	Minimum drain sizes 20cm ² per m ³ cockpit		
	(a) Lifelines, stanchions, pulpits effectively		
	continuous deck barrier		
	(b) Minimum heights of lifelines and pulpit rails above		
	working deck, note 1993 Primary Launch or LH ≤ 8.5m (c) Lifelines supported at intervals ≤ 2.20m		
3.12.1	(d) Pulpits & stanchions permanently installed		
0.12.1	(e) Pulpit & stanchion bases not inboard by > 150 mm		
	or 5% of Bmax nor outboard of working deck		
	(f) Stanchions straight, vertical; first 50 mm ≤ 10 mm		
	displ. and angle ≤ 10 deg. from 50 mm above deck		
	(g) Bow pulpit opening does not exceed 360mm		

		e, lifelines set inside bow pulpit are ced and terminated			
	(i) Lifelines tau	t with 4kg applied; ≤ 50mm for upper, ≤	+		
	120mm for inte				
		s it impractical to follow SR for lifeline			
3.12.2		as closely as possible to minimise risk			
	of falling overb	locard located stainless steel wire, or	+		
		ope of minimum diameter			
0.40.0	(b) Loose slee				
3.12.6	(d) Gap secure	ed by lanyard < 100 mm;			
	Lanyard replac	ced annually	_		
	(e) Lotal lifelin	e system ≥ strength of required wire	-		
	(a) Essentially	horizontal			
	(b) Webbing o	r woven mesh, openings ≤ 50.8mm, no			
0.40.4	risk of foot trap	pping at hull net junction			
3.13.1	rope	d at regular intervals; fine stitched to bolt			
		ry full crew weight, upright or inverted	+		
	(e) Individual t	e points, not more than 4 per			
	connecting line		\perp		
		Nets on each side: (a) Central hull to outriggers			
		(b) Aft of central pulpit to mid forward	+		
	Trimaran Net	crossbeam			
3.13.2	Double	(c) Furthest aft of centre cockpit or			
	Crossbeam	steering position to mid aft crossbeam (d) 3.13.2(c) does not apply if	+		
		coamings &/or lifelines height complies			
		with 3.12.5			
	Trimaran Net	Nets between central hull &			
3.13.3	Single	outriggers,aft end of pulpit, and furthest aft end of cockpit or			
	Crossbeam	steering position			
		Total net surface limited:			
0.40.4		(a) Laterally by hulls			
3.13.4	Catamarans	(b) Longitudinally by forestay base & boom end, but non-immersed central			
		nacelle may satisfy tri requirements			
3.20.1		pumps; 1 above, 1 below operable with			
5.20.1		t; permanent discharge pipes			
3.20.2		ump out all watertight compartments meable buoyancy			
		t to discharge into closed cockpit	+		
3.20.6		t connected to cockpit drains	\top		
3.20.7	(a) Bilge pump	minimum suction bore 25 mm			
5.20.1		& strum boxes accessible	+		
3.20.8	Pump handle of permanently fire	each with lanyard or catch unless			
2 04 4		tic compass permanently installed, non-	+		
3.21.1	electric		\perp		
3.21.2	Spare magnet	c compass non-electric (portable ok)	\perp		
3.23	(b) Masthead	its carried complying with IRPCAS	+		
		ion, min 50 mm; name & state rego;	+		
3.28.1	OR name, sail	number & club			
3.28.3	Underside ≥ 2 x 1 m ² coloured patches				
4.01.1		as per RRS 77 and Appendix G	\perp		
4.03.1		ackstay attachments port/starboard, n bolted (not around stanchion bases)			
7.UJ. I			+		
	(c) At least 2 jackstays fitted on underside (a) Clipping points through bolted or welded deck				
	plates or other	suitable strong points	\perp		
	(b) Positioned to clip/unclip from below and move				
4.03.2	between cockpit and deck (c) Clipping points for 2/3 crew				
		If rudder on outrigger, clipping points,	+		
		k gear or steering mechanism, crew can			
		mechanism on outriggers clipped on	- 1		

Page 2 of 4 Version 1.5 - 14 May 2024



CATEGORY 1 MULTIHULLS For Offshore Races of long distance well offshore

DATE OF AUDIT

| SAIL NO: BOAT NAME:

_			_
Reg	Structural/Fixed Items Below	P	Α
3.09.1	(a) Seacocks permanently installed		
3.11	(b) Plugs for each opening attached or stowed nearby Keel stepped mast; heel securely fastened	_	
3.11	Toilet, securely installed		
3.15.1	AS Interpretation 11/12/19 - Chemical toilet permitted,		
	securely installed		
3.16.1	Bunks, securely fastened, sufficient 50% of crew		
3.16.2	Lee cloths/restraints for fixed bunks		
3.17.1	Cooking stove/heating appliance safe use in seaway		
3.17.2 3.17.3	e.g. Gimballed with accessible shutoff Gas or methylated spirits only fuels for cooking	-	
	(a) "REMEMBER Turn Off Gas At Bottle" sign	-	
3.17.4	(b) Gas detection for permanent pilot light		
3.17.5	Disposable gas canisters ≤ 225 grams		
3.17.6	Gas bottle, spare canisters in separate compartment		
3.17.0	ventilated overboard		
3.17.7	Galley - suitable facilities. AS Interpretation 26/07/18 -		
0.17.7	Sink not required		
3.18.1	2 permanently installed water tanks or divided		
	compartments with pump Watermaker permitted (in lieu of carrying water at	-	
3.18.2	start)		
3.19.1	Handholds below decks		
3.24.2	Permanently installed engine	\neg	
3.24.6	Dedicated starter battery if electric starter is only		
3.24.0	method of starting		
3.24.7	Separate generators, if carried, securely covered and		
	permanently installed Fuel tank shut off valve/cock if fuel can escape or		
3.24.8	siphon		
	(a) Petrol tanks – see regulation		
3.24.9	(b) Diesel tanks metal or other certified material		
	(c) Fuel lines comply		
	Means to communicate a distress situation, either:		
	(a)(i) Permanently installed HF transceiver		
3.25.1	(new installations DSC capable); <u>OR</u> (a)(ii) Satellite phone, securely fastened, connected to	_	
3.23.1	electrical supply, permanent external aerial		
	(b)(i) Permanently installed VHF transceiver (new		
	installations DSC capable)		
	DSC HF & VHF: programmed with MMSI, connected		
3.25.2	to GPS, capable send/receive alerts – See Marine		
2.26	Communications Inspection Form	-	
3.26	Batteries sealed type; electrolyte cannot escape Barometer fitted		
3.27	(a) AIS transponder	\neg	
3.29.1	(d) & (e) Programmed MMSI & yacht name – See		
	Marine Communications Inspection Form		
3.30 &	GPS permanently installed, with MOB function		
4.11.3	' '		
4.12	Depth sounder	_	
4.13.1	Log (other than GPS)		
Reg	Portable Equipment	P	Α
3.18.4	Emergency water 1 litre per crew additional		
3.20.9	2 x 8 litre buckets, stout construction with lanyard		
3.23.4	Reserve navigation lights, independent of main power Spare bulbs except for multiple LED array	\dashv	
3.23.5 3.25.1	(b)(ii) Handheld VHF transceiver; waterproof	-	
0.20.1	(a) Emergency HF antenna, independent of mast (if	=	
	HF required)		
3.25.5	(a) Emergency VHF antenna		
0.20.0	(a) Emergency satellite phone antenna or other means		
	to maintain sat phone comms, independent of mast (if satellite phone required)		
4.01.2	Portable sail number on separate cloth with lanyards		
	(b) Jackstays (1 port, 1 starboard); strength & materials		
4.03.1	as per regulation		

4.04.1	2 x fire extinguishers 1A:10BE dry powder min or	
	equiv.	_
4.04.4	Fire blanket (for cooking device with open flame)	
	(a) Anchors & ground tackle as per Table 1	
	(b) Anchor & warp sizes Table 2 or Table 3	
4.05.1	Anchor 1 Typekg/size	.
	Anchor 2 Typekg/size	
	(c) Primary anchor assembled, attached to tackle	
	(i) Watertight spotlight; spare batteries & bulbs if	
4.06.1	replaceable	
4.00.1	(ii) 3 x flashlight floating type; spare batteries & bulbs	
	if replaceable	
4.07.1	Ship Captains Medical Guide 21st ed. or later OR	.
4.07.1	WHO Int'l Medical Guide for Ship (electronic permitted)	
4.07.4	First aid kit, waterproof container; contents listed;	.
4.07.9	alternative brands permitted	.
4.07.9	First aid contents as per list at end of this form	
4.08	Foghorn	
4.10.1	Charts (may be solely electronic), plotting equipment	
4.10.2	Collision Regulations; electronic or hard copy	
	Current AS "Racing Rules of Sailing" and "Special	\neg
4.10.3	Regulations Part 1"; electronic or hard copy	
	Handheld GPS, water resistant, spare battery(s) or	\top
4.11.2	alternative means of charging (AS Interpretation	
	11/12/19 - may be combined handheld VHF)	.
4.14.1	Emergency tiller if not tiller steered	
4.14.2	Alternative steering method for rudder loss	
4.15.1	Tools, spares parts, effective way to cut rigging	
4.15.2	Bosun's chair or climbing harness	
4.15.3	Sharp knife sheathed, restrained in or near cockpit	+
	Name on all buoyant equipment & items	_
4.16.1		
4.16.2	Personal lifejacket marked to identify owner	
4.17	Retroreflective tape on lifebuoys, lifeslings, liferafts	-
4.18.1	(a) 406MHz EPIRB; GPS capable	
4.18.2	Number of EPIRBs ≥ number of liferafts	
1.10.2	Number of EPIRBs	
	(a) Stored in an easily accessible, protected location	
4.18.3	(c) Regularly tested	
4.10.0	(d) Registered with relevant authority	
	Crew trained in use of EPIRB	
4.18.4	Additional EPIRB(s) in liferaft (x or √ - circle) or	.
4.10.4	accessible location (x or √ - circle)	.
4.19.1	Liferaft compliant type as per 4.19.1 and 4.19.2	
4.19.1	No. of liferafts Total crew capacity	.
	Liferaft stowage	
	(a)(i) Rigid container; on working deck/cockpit; OR	
	(a)(ii) Rigid container or valise stowed in dedicated	
4 40 0	locker opening to cockpit/working deck/transom; OR	
4.19.3	(b) If boat launch before 06/2001, valise ≤40kgs	T
	stowed below near companionway permitted	
	(d) Painter should be made fast to strong point	$_{\perp}T^{\intercal}$
	(e) Life raft launch time 15 seconds	
4.20.1	A grab bag for each liferaft	
	(a) Lifebuoy; self-igniting light, drogue; in reach; OR	
	Lifesling, self-igniting light; in reach	
4.04.4	(b) Additional lifebuoy, in reach of helmsman	
4.21.1	(b)(i) Whistle, drogue, self-igniting light	$\neg \vdash$
	(b)(ii) Pole and flag floating 1.8 metres above water,	$\neg \vdash$
	attached to lifebuoy with 3 metres of line	
4.21.2	1 x lifebuoy to be of permanent buoyancy	\neg
4.21.4	Lifebuoys, lifeslings fitted with retroreflective material	+
4.21.5	Lifebuoys, lifeslings safety colour	+
4.∠1.∂	Waterproof container for flares	+
		+
4.00.4	6 x red parachute flares	+
4.22.1	4 x red hand flares	+
	2 x white hand flares	-
	4 x orange smoke flares	\perp
4.23.1	Heaving line minimum 15 m	

Page 3 of 4 Version 1.5 - 14 May 2024



CATEGORY 1 MULTIHULLS For Offshore Races of long distance well offshore

DATE OF AUDIT
/ / BOAT NAME:

BOAT NAME:

A.24.1	Pog			
(b) Storm trysail; area compliant OR mainsail reefing 50% of luff (c) Heavy weather jib; area compliant (a) Trysail and storm jib to be highly-visible colour; OR if purchased before 07/2005, patches 20% of area (b) Sheeting positions for storm, heavy weather sail (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(l) Number (1 per crew)	ivea i	Portable Equipment	Р	Α
(c) Heavy weather jib; area compliant (a) Trysail and storm jib to be highly-visible colour; OR if purchased before 07/2005, patches 20% of area (b) Sheeting positions for storm, heavy weather sail (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) 5.01.1 (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number (See regulation for compliance standards) 5.02.1 (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No		(a) Storm jib; area compliant		
(a) Trysail and storm jib to be highly-visible colour; OR if purchased before 07/2005, patches 20% of area (b) Sheeting positions for storm, heavy weather sail (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.24.3 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 177/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No				
if purchased before 07/2005, patches 20% of area (b) Sheeting positions for storm, heavy weather sail (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(l) Number (1 per crew) Number (minimum 1 spare) 5.01.1 (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No				
(b) Sheeting positions for storm, heavy weather sail (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.24.3 (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(1) Number (1 per crew) Number (minimum 1 spare) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) Erom 177/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No				
4.24.2 (c) Storm & heavy weather jib means of attachment to stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) Total on board: (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number	<u> _i</u>	if purchased before 07/2005, patches 20% of area		
stay independent of any luff-groove device (d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew)	1010	(b) Sheeting positions for storm, heavy weather sail		
(d) Sail numbers both sides trysail (e) Storm trysail to set with in-mast furling mainsail 4.24.3 (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) fi inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No	4.24.2	(c) Storm & neavy weather Jib means of attachment to		
(e) Storm trysail to set with in-mast furling mainsail 4.24.3 (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) Total on board: (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No	H	(d) Sail numbers both sides trusail	-	
4.24.3 (a) Aromatic polyamides, carbon fibre & similar not used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(l) Number (1 per crew)				
4.24.3 used for storm jib, trysail 4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) Total on board: (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number		(a) Aromatic polyamides carbon fibre & similar not		
4.26 Retrieval method of crew from water 4.27 V Distress sheet or International signal (square/circle) 4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) 5.01.1 (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number	4.24.3	used for storm iib. trysail		
4.28.1 Stowage chart, displayed (a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew) Number (minimum 1 spare) Total on board: (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number				
(a) Lifejacket ≥ 150N (not "Mae West"), in service; 1 per crew, plus minimum 1 spare (f)(I) Number (1 per crew)		V Distress sheet or International signal (square/circle)		
1 per crew, plus minimum 1 spare (f)(l) Number (1 per crew)	4.28.1	Stowage chart, displayed		
Number (1 per crew)				
Number (minimum 1 spare)		1 per crew, plus minimum 1 spare (f)(I)		
Total on board: (See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number				
(See regulation for compliance standards) (d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number				
(d) Each lifejacket retro tape, whistle, crotch strap/s (d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number	5.01.1			
(d) From 1/7/23 - Each lifejacket to have sprayhood (f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number				
(f)(ii) If inflatable, min 1 spare cylinder & (if appropriate) spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number	l -	(d) From 1/7/23 - Fach lifejacket to have sprayhood		
spare auto rearming kit Safety harness, line with snap hook each end (≤2 m); 1 per crew Number		(f)(ii) If inflatable, min 1 spare cylinder & (if appropriate)		
5.02.1 1 per crew (See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No		spare auto rearming kit		
(See regulation for compliance standards) For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No				
For 30% of crew (i) Tethers 1m long (in addition to 5.02.1) No				
(i) Tethers 1m long (in addition to 5.02.1) No				
5.02.2 OR included in 5.02.1 as follows: (ii) 2 m with midpoint clip OR No	1 1 2			
(ii) 2 m with midpoint clip OR Twin lines, one ≤ 1 m & second ≤ 2 m No		.,		
Twin lines, one ≤ 1 m & second ≤ 2 m No	1			
5.03 Personal light (strobe or SOLAS LSA 2.2.3); 1 per crew Number	'	Twin lines, one ≤ 1 m & second ≤ 2 m No		
(a) 406 MHz Personal Locator Beacon (PLB) with GPS; 1 per crew Number		Personal light (strobe or SOLAS LSA 2.2.3); 1 per		
5.05.1 (b) AIS personal beacon recommended. (May be required by Notice of Race). 1 per crew No	1 1 (crew Number		
5.05.1 (b) AIS personal beacon recommended. (May be required by Notice of Race). 1 per crew No				
5.05.1 required by Notice of Race). 1 per crew No	l 📙	GPS; 1 per crew Number		
(c) AIS personal beacon required for double handed 1 per crew Number (a) PLB and AIS within battery life (b) Regularly tested (c) Registered with relevant authority (PLB) Crew to be trained in use of PLBs and AIS personal	5.05.1	(b) AIS personal beacon recommended . (May be		
1 per crew Number		(c) AIS personal beacon required for double handed		
(a) PLB and AIS within battery life (b) Regularly tested (c) Registered with relevant authority (PLB) Crew to be trained in use of PLBs and AIS personal				
5.05.2 (b) Regularly tested (c) Registered with relevant authority (PLB) Crew to be trained in use of PLBs and Als personal				
(c) Registered with relevant authority (PLB) Crew to be trained in use of PLBs and AlS personal				
Crew to be trained in use of PLBs and AIS personal		(c) Registered with relevant authority (PLB)		
	5.05.3	Crew to be trained in use of PLBs and AIS personal		
5.05.5 beacons	3.05.5	beacons		



NON-PRESCRIPTION	Р	A
Paracetamol 500 mg (e.g.Panadol) or Ibuprofen 200 mg (e.g.		
Nurofen) x 40		
Soluble Aspirin (e.g.Disprin) x 20		
Glyceryl Trinitrate Spray (e.g., Nitrolingual) x 1		
Butterfly or Steristrips(strips of 5) x 10		
Disposable gloves x 20		
Crepe bandages 75 mm x 1.5 m x 2		
Crepe bandages 100 mmx 1.5 m x 2		
Triangular bandage x 2		
High absorbency non- adherent dressing (e.g.Exu-dry) x 10		
Low absorbency non-adherent dressing/plain gauze (e.g. Melolin) x 10		
Bandaids or equivalent rollof bandaid x 20		
Antiseptic skin solution 15 ml (e.g. Betadine) x 1		
Antiseptic cream e.g.Medicreme x 1		
Normal saline 250 ml x 1		
Sterile eye patches x 5		
Clotrimazole cream (e.g.Canesten, Clonea) x 1		
Hydrogel wound dressing 100 g (e.g. Solosite, Duoderm,		
Purilon) x 1		
Sunscreen 30+ 250 ml x 1		
Anti-diarrhoea treatment i.e. loperamide (pkt) (e.g. Imodium) x 1		
Antacid tabs or liquid (e.g.Mylanta, Gaviscon) x 1		
Electrolyte 4.9 g - pkt of 10(e.g. Gastrolyte) x 1		
Seasickness tablets i.e. promethazine theoclate (e.g. Avomine)		
or dimenhydrinate + hyoscine hydrobromide + caffeine		
(e.g.Travacalm) x 10 Scissors, stainless steel x 1		
Thermometer, clinical x 1		
Forceps, splinter x 1		H
Syringes/needles x 5		
Alcohol swabs x 10		
Splints for arms & legs		
CPR mask or 6 face shields		
PRESCRIPTION	Р	_
Codeine 30 mg + Paracetamol 500 mg (e.g.Panadeine Forte) x 20		
Oxycodone 5 mg (e.g.Endone) x 20 or Oxycodone suppositories		
30mg (e.g. Proladone) x 10		
Chloramphenicol eye ointment 1% 4 g (e.g. Chlorsig or		
Chloromycetin) x 1		
Cephalexin 500 mg tabs(e.g. Keflex) x 20		H
Silver sulphadiazine cream100 g (eg Flamazine) x 1		H
Antihistamine tablet i.e promethazine 25 mg (e.g. Phenergan) x 25		
Adrenaline ampoules1:1000 x 5		H
IF NOTICE OF RACE	Р	1
***Morphine 10 mg/1 ml x 10		
		Г
***Naloxone hydrochloride ampoules 400 mcg/ml x 5		\vdash
***Naloxone hydrochloride ampoules 400 mcg/ml x 5 ***Ciprofloxacin 500mg (e.g. Ciproxin, C-Glox) x 14		l

END OF FORM

As this form is for national use and portability, please use a separate checklist page for additional club/race organiser requirements



Page 4 of 4 Version 1.5 - 14 May 2024