

OFFSHORE MEDICAL KIT		Medical evacuation expected to be twenty-four hours or greater includes Inshore & Coastal Kits 1 + 2
DATE OF INSPECTION / /	SAIL NO:	BOAT NAME:

Inspection form valid until / / (one year from date of inspection).

OWNER DETAILS

Owner(s) Name(s):

Owner(s) Club(s):

DECLARATION BY PERSON IN CHARGE

I have read and understand my obligations as set out in the current AS Special Regulations (<https://www.sailingresources.org.au/safety/specialregs/>), in particular SRs 1.02.1, 1.02.2, 1.02.3 (Responsibility of the person in charge), SR 2.03.1 (Function of equipment) and Appendix D (AS Medical Kits). I understand that this audit is carried out only as a guide to person in charge and race organising authorities and it does not limit or reduce my complete and unlimited responsibility. I undertake that I will maintain the boat's medical kit as specified in the current AS Special Regulations and ensure it will be on board for each race.

Signed by Person in Charge:

Date:

OUTSTANDING ITEMS - This audit is not valid until the outstanding items have been re-inspected.

Outstanding item numbers	Re-inspected by	AS auditor no.	Date
Inshore Medical Kit:			
Coastal Kit One:			
Coastal Kit Two:			
Offshore Kit:			

EQUIPMENT AUDITOR DECLARATION

I have checked the abovementioned boat in accordance with SR 2.02.1, as summarised in the following list, and the items listed were compliant as per the AS Special Regulations at the time and date of this audit.

**Audited by AS
NEA:(print name)**

Signed by AS NEA:

AS Number:

Date:

This section to be completed and **ticked or initialled** by person in charge (P) and auditor(A).

Item	Day Kit (Inshore Medical Kit)	P	A
1	Iodine based cleaning solution – 100 ml		
2	Band-Aids x 20		
3	Elastoplast fabric dressing – 1 m		
4	'Israeli Emergency bandage' or equivalent – 100 mm x 1		
5	Paracetamol 500 mg x 20		
6	Aspirin 300 mg x 20		
7	Sea sickness tablets x 10		
	Kept in a watertight container in a position well known to all crew		

Items required outside the First Aid Kit	P	A
Sunscreen lotion		
Insect repellent		
Duct tape		
Electrical tape		
Batten material or similar, which may be cut to use as a splint		

Item	Coastal Kit One	P	A
1	Panadeine Forte (Paracetamol 500 mg + Codeine 30 mg) x 20 tablets		
2	Adrenaline 1:1000 injection x 5 ampules		
3	Syringe 5 ml x 2		
4	Needle 22 g x 2		
5	Alcohol skin prep x 2		
	'EpiPen' may be substituted for Adrenaline, needles & syringes (circle)		
	5 items above kept in a separate watertight container		
6	Paracetamol (500 mg) tablets x 20		
7	Non-steroidal anti-inflammatory tablets x 10		
8	Non-sterile gloves x 4 pair		
9	'Israeli Emergency bandage' or equivalent 150 mm x 1		
10	Skin stapler x 1		
11	SAM splints (or equivalent) – 450 x 110 mm x 1		
12	SAM finger splints (or equivalent) x 2		
13	Crepe bandage 100 mm x 2		
14	Paraffin gauze dressing 50 x 50 mm x 5		
15	Sea sickness tablets x 30		
16	Chloromycetin eye ointment x 1 tube		
17	Mupirocin (Bactroban) ointment x 15 g		
18	Gladwrap strips – 1 small roll (for burns)		
19	Silver sulfadiazine burn cream x 50 g		
20	Nitro lingual spray x 1		

Item	Coastal Kit Two	P	A
21	Penthrane 'Green Whistle' 1 x 3 ml bottle		
22	Oxycodone tablets (Oxycodone hydrochloride) 10 mg or equivalent x 20 tablets		
	Above 2 items kept in the same watertight container for the 5 separate items in Coastal Kit One		
23	Cephalexin 250 mg tablets x 20		
24	Loperamide tablets x 10 tablets		
25	Laxative tablets (e.g. Dulcolax 5 mg) x 10 tablets		



**AUSTRALIAN SAILING
MEDICAL KIT INSPECTION FORM**



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Item	Offshore Kit	P	A
1	Penthrane 'Green Whistle' 1 x 3 ml bottle		
2	Morphine 10 mg/ml x 5 ampules		
3	Naloxone (antagonist to morphine) 400 mcg ampules x 5		
4	Midazolam 5 mg injection x 5 ampules		
5	Oxycodone tablets (Oxycodone hydrochloride) 20 mg or equivalent x 20 tablets.		
6	Panadeine Forte tablets (Paracetamol 500 mg + Codeine 30 mg) x 20 tablets		
7	5 ml syringes x 5		
8	22 g needles x 5		
9	Saline ampoules (10 ml) for injection x 5		
10	Alcohol swabs x 10		
	Items 1 – 10 are recommended to be kept in a separate watertight container		
11	'Israeli Emergency bandage' or equivalent – 150 mm x 1		
12	Elastoplast fabric dressing – 1 m		
13	Large Steri-Strips x 6 OR		
14	SAM Splints or equivalent:		
	(a) 130 x 900 mm x 1		
	(b) 110 x 450 mm x 1		
	(c) finger splints x 1		
15	Sea sickness tablets x 6 Note: recommend taking a DIFFERENT TYPE of sea sickness tablet to the Coastal Kit above		
16	Ondansetron sublingual (under tongue) 4 mg		
17	Paracetamol (500 mg) tablets x 20		
18	Non-steroidal anti-inflammatory tablets x 20		
19	Chloramphenicol eye ointment x 1 tube		
20	Framycetin sulphate ear drops x 1		
21	Mupirocin (Bactroban) ointment x 30 g (2 x 15 g)		
22	Antifungal cream 30 g (e.g. Daktarin or equivalent)		
23	Omeprazole 20 mg x 10 capsules		
24	Prednisone 25 mg x 10 tablets		
25	Antihistamine tablets (e.g. Loratadine) x 20 tablets		
26	Metronidazole 200 mg x 21 tablets		
27	Amoxicillin / Clavulanate Acid 500 mg x 21 tablets		
28	Ceftriaxone 1 g injection x 5 ampules (given intramuscularly)		
29	Dulcolax tablets x 20 tablets		
30	Loperamide tablets x 20 tablets		
31	Skin stapler x 1		
32	Oil of cloves – 1 bottle		
33	Temporary filling material x 1		
34	Barrier cream (e.g. Sudocream) at least 30 g		
35	Rehydration powder or tablets – enough for 2 days		
36	Scissors, stainless steel x 1		
37	Forceps, splinter x 1		
	Coastal Kits One & Two and Offshore Kit kept in a separate watertight container accessible by the Boat Medic only		

NON-MANDATORY items useful for long races:	P	A
Pulse Oximeter		
Thermometer, clinical x 1		
Defibrillator		
Sharps container		
First Aid manual: hardcopy or electronic version (circle)		

