



SOUTHPORT YACHT CLUB



LADIES DAY RACE

SAILING INSTRUCTIONS

2025

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1. RULES

- 1.1 The Race will be governed by the current rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Prescriptions and Special Regulations of Australian Sailing (AS)
- 1.3 The relevant Class Rules (as applicable)
- 1.4 All boats shall always be helmed by a female member of the crew while racing. If any male member of the crew takes the helm of a boat at any time while racing, she shall retire or be scored DNF without a hearing. This changes RRS rule 63.1.
- 1.5 When conflict occurs between the Notice of Race and the Sailing Instructions, the rules of the Sailing Instructions shall prevail. This changes RRS 63.7.
- 1.6 RRS Appendix T – Arbitration applies.
- 1.7 All competitors are reminded of RRS 1.1 Helping Those in Danger; A boat or competitor shall give all possible help to any person or vessel in danger.
- 1.8 No late entries will be accepted
- 1.9 RRS 50.2 and 50.3: Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers.
- 1.10 Rule 49.1 shall not apply to Sports Boats if racing in compliance with their respective class rules and it is noted on the Sports Boats SMS certificate that the boat incorporates hiking devices.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the Schedule of Races will be posted by 2000 on the day before it will take effect.

3. NOTICES TO COMPETITORS

The Regatta office will be located at Southport Yacht Club, Hollywell. The Official Notice Board is on the Southern Wall, adjacent to the Southport Yacht Club Sailing Office, 1 Marina Crescent, Hollywell, Qld 4216. Additionally, notices may be posted to the Official Online Notice Board <https://www.southportyachtclub.com.au/sailing-office-notice-board/>.

4. CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Competitors and support persons shall [handle any equipment] [or][place advertising provided] by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main flag pole on the Hollywell east lawn.
- 5.2 When flag AP is displayed ashore, '1minute' is replaced with 'not less than 15 minutes' in the race signal AP.

6. SCHEDULE

DATE	EVENT	TIME
Saturday 26 th April	Compulsory Skippers Briefing	1000hrs
	Warning Signal for the Ladies Day Race	Not before 1055hrs
	Presentation of Prizes	1500hrs or ASAP after racing

7. COMPULSORY SKIPPERS BRIEFING

A compulsory Skipper's briefing will be held in accordance with the Schedule of Events, located at Southport Yacht Club Sailing Squadron, Hollywell.

8. CLASS FLAG

The Class Flag will be International Code Flag Q.

9. RACING AREA

The racing area shall be the Broadwater, between the Gold Coast Seaway and the entrance to the Coomera River.

10. THE COURSE

The Course will be a Passage Race course as described at the Compulsory Skippers Briefing.

11. MARKS

11.1 The Start will be the start buoy (orange with a black top) opposite the SYC Hollywell Tower. The Finish Mark will be a Blue Mark set East of the SYC Hollywell Tower

11.2 All vessels competing are to maintain a minimum distance of 3 meters from any navigation marker. Any vessel involved in a marine incident, which includes a collision with an aid to navigation must report the incident to Maritime Safety Queensland, as per their guidelines.

12. THE START

12.1 Races will be started using RRS Rule 26.

12.2 The starting line will be between a staff displaying an orange flag on the SYC Hollywell Tower and the start buoy.

12.3 In addition to the requirements of RRS 20 "Individual Recall", the Race Committee may verbally hail boats.

12.4 A boat starting later than ten (10) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4.

13. SHORTENING THE COURSE AFTER THE START

The course may be shortened by the Race Committee as per RRS 32.2 between a mark of the course and a Committee Boat displaying code flag "S".

14. AREAS THAT ARE OBSTRUCTIONS

14.1 The following areas are designated as obstructions:

14.2 The Start / Finish line is an obstruction unless starting or finishing.

14.3 Areas outside of the intended channel(s) defined by the IALA marks north of and including the Crab Island West Cardinal "Q (9)15s" are considered an obstruction. For the purposes of this definition, it shall be considered that a competitor has remained clear of the obstruction provided they have left all IALA marks to their required side.

15. THE FINISH

The Finish Line will be between a Staff displaying a Blue Flag on the SYC Hollywell Tower at the Western end and a blue finish mark to the East.

16. PENALTY SYSTEM

16.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, including one tack and one gybe in the same direction.

16.2 Infringement of SI1.4 will result in a boat being scored DNF without a hearing.

17. HEARING REQUESTS

17.1 Appendix T Arbitration applies to these Sailing Instructions.

17.2 Protest forms are available at the Sailing Office at the Hollywell Sailing Squadron. Protests shall be delivered there within the Protest Time Limit.

17.3 The Protest Time Limit is 30 minutes after the last boat has finished. The same protest time limit applies to all protests by the Race Committee and Protest Committee and to request for redress. This changes Rules 61.3 and 62.2.

17.4 Notices will be posted within 30 minutes of the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Sailing Office (located at the southwest corner of the clubhouse) as soon as possible and in the approximate order of receipt.

17.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).

18. SCORING

The Low Point Scoring System, Appendix A2 will apply.

19. HANDICAPPING

Results will be based on a Performance Handicap System (PHS) Time Correction Factor (TCF). The TCF will be allocated by the Race Committee or its nominee, will be performance-based, will be expressed as three (3) decimal places applied as a multiplier to elapsed times and will not be subject to protest, redress or dispute.

20. SAFETY REGULATIONS

20.1 Compulsory Skipper briefing at 1000 hours in front of the official noticeboard.

20.2 A boat that retires from the race shall notify the Race Committee or a SYC support boat as soon as possible.

20.3 All helmspersons shall "Sign On" prior to the 1st Warning Signal, via VHF09 radio advising their Boat Name, Sail # and P.O.B. (Persons on Board). Race Control will confirm recorded details for confirmation of "Sign On."

21. OFFICIAL BOATS

SYC Support Vessels can be identified by either the SYC Logo displayed on the vessel or a SYC Burgee.

22. RADIO COMMUNICATION

A boat shall neither make radio transmission while racing nor receive radio communications not available to all boats with a VHF radio.

23. PRIZES

23.1 Prizes will be awarded to First, Second and Third on Handicap.

23.2 A Prize will be awarded to the boat with the Fastest Elapsed Time.

23.3 Prizes will be awarded to “The Best Dressed Boat” and “Best Dressed Crew”

23.4 A Prize will be awarded to an All-Female crew

23.5 Other Prizes may be awarded at the discretion of the Race Committee.

23.6 The Overall First Place Winner of the Southport Yacht Club 2025 Ladies Day Race will be presented with the Ladies Day Race Perpetual Trophy.

24. DISCLAIMER OF LIABILITY

24.1 All those taking part in races conducted by Southport Yacht Club do so at their own risk and responsibility.

24.2 The Southport Yacht Club, any sponsor and any party involved in the organisation of any event disclaims any and every responsibility for any loss, damage, injury to persons and/or things, both ashore and at sea, as a consequence of participation in any way in the races covered by these sailing instructions.

24.3 Attention is drawn to RRS 3 which states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

25. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance, with a minimum cover of \$10M (AUD) for any one incident. By taking part in a race all boat owners are deemed to have made a declaration that they have such cover.

26. FURTHER INFORMATION

Contact the Sailing Office

Southport Yacht Club, Hollywell Sailing Squadron, 1 Marina Crescent, Hollywell, Queensland, 4216.

Phone: (07) 5537-7030.

E-Mail racing.admin@sycgc.com.au

27. LADIES DAY RACE WINNERS SINCE 1991

YEAR	BOAT	SKIPPER
1991	Aquila	Susan Tarratt
1992	Starship	Anne Stone
1993	Guinevier	Kym Duffy
1994	Wild Thing	Renee Smith
1995	Foul Play	Pam Armstrong
1996	Urgent	Jenny Dickson
1997	Lightning Yachts	Pam Dickson
1999	Aquarius	Jodie Atkins
2000	Lumpy Gravy	Cassie Maher
2001	Shoot Out	Maryanne Hutcheon
2002	Here's Luck	Bobbie Leitch
2003	Bundy Express	Kristin Bromiley
2004	Maverick	Emma Wilson
2005	F Troop	Hannah Taylor
2006	Mullet Gut	Jody Ferguson
2007	Young Guns	Adrienne Wooding
2008	Bundy Express	Rayshela Martin
2009	Still Crazy	Veronica Lahey
2010	Just Relax	Claire McNally
2011	Quarterflash	Melissa Turner
2012	Quarterflash	Melissa Turner
2013	Chill Ouat	Lisa Beecham
2014	Chill Ouat	Lisa Beecham
2015	Quarterflash	Melissa Turner
2016	Still Crazy	Sophie Lahey
2017	Retuned	Emily Scott
2018	Fallen Angels	Emily Scott
2019	Desperado	Danah Clements
2020	Schiejk	Danah Clements
2021	Rusher	Emma Hutcheson
2022	Spirit	Ronnie Lee
2023	No Comment	Addison Newlan
2024	Sneaky Ninja	Tomoko Nakanishi