

Sail Our Way



INCORPORATING
LADIES DAY 2026



SAILING INSTRUCTIONS

SATURDAY 28TH MARCH 2026





TABLE OF CONTENTS

| | |
|---|---|
| TABLE OF CONTENTS | 2 |
| 1. RULES | 3 |
| 2. CHANGES TO SAILING INSTRUCTIONS | 3 |
| 3. NOTICES TO COMPETITORS | 3 |
| 4. CODE OF CONDUCT..... | 3 |
| 5. SIGNALS MADE ASHORE..... | 3 |
| 6. SCHEDULE | 4 |
| 7. COMPULSORY SKIPPERS BRIEFING..... | 4 |
| 8. CLASS FLAG | 4 |
| 9. RACING AREA | 4 |
| 10. THE COURSE | 4 |
| 11. MARKS..... | 5 |
| 12. THE START | 6 |
| 13. SHORTENING THE COURSE AFTER THE START | 6 |
| 14. AREAS THAT ARE OBSTRUCTIONS..... | 6 |
| 15. THE FINISH | 6 |
| 16. PENALTY SYSTEM | 7 |
| 17. HEARING REQUESTS..... | 7 |
| 18. SCORING..... | 7 |
| 19. HANDICAPPING | 7 |
| 20. SAFETY REGULATIONS..... | 7 |
| 21. OFFICIAL BOATS | 8 |
| 22. RADIO COMMUNICATION..... | 8 |
| 23. PRIZES..... | 8 |
| 24. DISCLAIMER OF LIABILITY..... | 8 |
| 25. INSURANCE | 8 |
| 26. FURTHER INFORMATION | 9 |
| 27. PARENT CONSENT FORM | 9 |



1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing 2025–2028 (RRS).
- 1.2. The prescriptions and Special Regulations of Australian Sailing apply:
 - (a) For keelboats, Australian Sailing Special Regulations Part 1, Category 7 (2025–2029).
 - (b) For dinghies, Australian Sailing Special Regulations Part 2 (2025).
- 1.3. The relevant Class Rules apply to boats racing in their recognised class.
- 1.4. While racing, all boats shall be helmed by a female crew member. Failure to comply will result in the boat being scored DNF without a hearing. This changes RRS 63.1.
- 1.5. When there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions prevail. This changes RRS 63.7(b).
- 1.6. RRS Appendix T (Arbitration) applies.
- 1.7. RRS 49.1 does not apply to sports boats racing in accordance with their class rules, provided the boat's current SMS certificate records the use of hiking devices.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0830hrs on the day it will take effect, except that any change to the Schedule of Races will be posted by 2000hrs on the day before it will take effect.

3. NOTICES TO COMPETITORS

All race documents will be uploaded to Southport Yacht Club website – Sail Our Way event page: <https://southportyachtclub.com.au/events/ladies-day-race-2026/>

4. CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. Competitors and support persons shall [handle any equipment] [or][place advertising provided] by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the main flagpole on the Hollywell East Lawn.
- 5.2. When Flag AP is displayed ashore, "one minute" is replaced with "not less than 30 minutes" in the race signal AP.

6. SCHEDULE

| DATE | EVENT | TIME |
|------------------------------------|---|--|
| Saturday 28 th March | Compulsory Skippers Briefing Dinghy (Hollywell) | 0800hrs |
| | Compulsory Skippers Briefing Keelboat (In person at Hollywell or via Facebook live) | 0830hrs |
| | Warning signal for the Dinghies | 0855hrs (not before) |
| | Warning signal for the Keelboats | 1055hrs (not before) |
| | Presentation of prizes for Dinghies | ASAP after racing. |
| | Skills Development Seminar | 1400hrs (not before) |
| | Presentation of prizes | ASAP after the Skills Development Seminar. |

7. COMPULSORY SKIPPERS BRIEFING

A compulsory Skipper's briefing will be held in accordance with the Schedule of Events, located at Southport Yacht Club Sailing Squadron, Hollywell.

8. CLASS FLAG

8.1. Keelboats

- (a) Division 1: International Pennant 1.
- (b) Division 2: International Pennant 2.

8.2. Dinghies

The class flag for all off-the-beach dinghy races will be International Code Flag K.

9. RACING AREA

The racing area shall be the Broadwater, between the Gold Coast Seaway and the entrance to the Coomera River.

10. THE COURSE

10.1. Dinghies

Off-the-beach dinghies will sail set courses. The dinghy courses will be described in Attachment A, which includes diagrams of windward-leeward and/or triangle courses. The intended course or courses for dinghies will be advised at the Compulsory Skippers Briefing. The course to be sailed for each race will be confirmed by the course board displayed at the SYC Hollywell Tower prior to the warning signal.



10.2. Keelboats

Keelboats will sail a passage course on the Gold Coast Broadwater. All marks on the keelboat courses shall be left to starboard unless otherwise specified.

(a) **Division 1** course:

WBS – F (S) – C (S) – G (S) – F (S) – C (S) – G (S) – E (P) – H (S) – WBF

(b) **Division 2** course:

WBS – F (S) – C (S) – G (S) – F (S) – C (S) – H (S) – WBF

10.3. Mark locations and descriptions for all keelboat courses are provided in Attachment B.

11. MARKS

11.1. Dinghies

The starting mark for off-the-beach dinghy races will be an orange buoy with a black top. The starting line will be between this mark and the orange flag displayed on the SYC Hollywell Tower.

The finishing mark for off-the-beach dinghy races will be an orange buoy with a black top, set east of the SYC Hollywell Tower. The finishing line will be between this mark and the blue flag displayed on the SYC Hollywell Tower.

11.2. Keelboats - Wave-Break Start (WBS)

The start for all keelboat divisions will be the Wave-Break Start (WBS), as used for SYC Thursday Twilight racing. The WBS is located between the first port and starboard lateral marks north of the southern end of Carter's Banks.

Approximate position (WGS84 datum):

27°55.7'S | 153°25.1'E

11.3. Keelboats - Wave-Break Finish (WBF)

The finish for all keelboat divisions will be the Wave-Break Finish (WBF). The WBF will be located between the designated port lateral mark and a special mark (yellow cross).

Further details and mark identification may be amended or clarified prior to racing.

Approximate position (WGS84 datum):

27°56.4'S | 153°25.3'E

11.4. Navigation Marks

All vessels competing shall maintain a minimum distance of three (3) metres from all IALA navigation marks. Any vessel involved in a marine incident, including contact with an aid to navigation, shall report the incident to Maritime Safety Queensland in accordance with their requirements.



12. THE START

12.1. Dinghies

The starting line for off-the-beach dinghy races will be between the SYC Hollywell Tower and the designated starting mark.

12.2. Keelboats

Keelboats will start using a pursuit start. Each keelboat will be allocated an individual starting time by the Race Committee based on its handicap. The pursuit start order and start times shall be published prior to racing and are not grounds for redress. Keelboats shall monitor VHF Channel 09 for race communications.

12.3. Starting Procedure

RRS 26 applies to all starts.

12.4. Individual Recall

When an Individual Recall is signalled, RRS 29.1 applies. Boats on the course side of the starting line at their starting signal shall return to the pre-start side of the line and start correctly. An individual recall may also be broadcast on VHF Channel 09. Failure to hear or receive a hail or radio broadcast shall not be grounds for redress. This changes RRS 62.1(a).

12.5. A boat starting more than ten (10) minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.

13. SHORTENING THE COURSE AFTER THE START

13.1. The course may be shortened in accordance with RRS 32.1.

13.2. When the course is shortened, the Race Committee will display Flag S with two sound signals.

13.3. The finish line will be between the committee boat displaying Flag S and the next mark of the course that boats are required to round or pass, as defined by the published course.

13.4. The course shall only be shortened at a mark that forms part of the original course. The Race Committee shall not shorten the course at a navigation mark unless that mark is specifically listed as a course mark.

14. AREAS THAT ARE OBSTRUCTIONS

14.1. The following are designated obstructions for the purposes of RRS 19 and 20:

14.1.1. The Start and Finish Line, except when a boat is starting or finishing.

14.1.2. Areas outside the navigable channels marked by IALA navigation marks north of, and including, the Crab Island West Cardinal Mark (Q (9) 15s).

14.2. All boats shall maintain a minimum distance of three (3) metres from all IALA navigation marks.

14.3. A boat will be considered to have remained clear of an obstruction provided all required IALA marks are left on the correct side.

15. THE FINISH

The Finish Line will be between a staff displaying a Blue Flag on the SYC Hollywell Tower at the Western end and a blue finish mark to the East.



16. PENALTY SYSTEM

- 16.1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, including one tack and one gybe in the same direction.
- 16.2. Infringement of SI1.4 will result in a boat being scored DNF without a hearing.

17. HEARING REQUESTS

- 17.1. Appendix T Arbitration applies to these Sailing Instructions.
- 17.2. Protest forms are available at the Sailing Office at the Hollywell Sailing Squadron. Protests shall be delivered there within the Protest Time Limit.
- 17.3. The protest time limit is 45 minutes after the last boat finishes or the Race Committee signals that no more racing will be conducted that day. The same time limit applies to protests by the Race Committee and Protest Committee and to requests for redress. This changes RRS 61.3 and 62.2.
- 17.4. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 17.5. Hearings will be held in the Sailing Office (located at the southwest corner of the clubhouse) as soon as possible and in the approximate order of receipt.

18. SCORING

18.1. Dinghies

Corrected times will be calculated using the current AS Yardsticks for the relevant classes. Finishing places will be determined by corrected time. The Low Point System in RRS Appendix A applies.

18.2. Keelboats

Keelboat results will be scored using the Low Point Scoring System in RRS Appendix A. For pursuit racing, finishing order on the water will determine finishing places.

19. HANDICAPPING

Results for dinghies will be based on their respective Australian Sailing Yardsticks.

Keelboats will race using a pursuit start based on Performance Handicap System (PHS) handicaps.

Each keelboat will be allocated an individual starting time derived from its PHS handicap, as determined by the Race Committee or its nominee. Start times and handicaps are performance-based and are not grounds for protest or redress. Results for keelboats will be determined by the order in which boats finish on the water.

20. SAFETY REGULATIONS

- 20.1. All boats shall comply with the applicable Australian Sailing Special Regulations listed in SI 1.2.
- 20.2. A boat that retires from the race shall notify the Race Committee as soon as possible.
 - (a) Keelboats shall notify the Race Committee by VHF Channel 09.
 - (b) Dinghies shall notify the Race Committee or an official support vessel ashore or on the water.
- 20.3. Dinghies are required to sign on prior to launching and sign off as directed by the Race Committee.



20.4. Signing off is not required for keelboats.

21. OFFICIAL BOATS

SYC Support Vessels can be identified by either the SYC Logo displayed on the vessel or a SYC Burgee.

22. RADIO COMMUNICATION

- 22.1. Boats may use VHF Channel 09 for safety-related communication and race management communications with the Race Committee.
- 22.2. Except for safety reasons, checking in or responding to Race Committee communications, a boat shall not receive radio information that is not available to all boats. This changes RRS 41.

23. PRIZES

- 23.1. Prizes will be awarded to First, Second and Third places on handicap for:
 - (a) Dinghies, and
 - (b) Division 1 and Division 2 Keelboats.
- 23.2. A prize may be awarded to the first all-female crew in each Keelboat division.
- 23.3. The Overall First Place Division 1 Keelboat winner and the Overall First Place Division 2 Keelboat winner will each be presented with the Ladies Day Race Perpetual Trophy.
- 23.4. Other Prizes may be awarded at the discretion of the Organising Authority.

24. DISCLAIMER OF LIABILITY

- 24.1. All those taking part in races conducted by Southport Yacht Club do so at their own risk and responsibility.
- 24.2. The Southport Yacht Club, any sponsor, and any party involved in the organisation of the event disclaim any and every responsibility for any loss, damage, injury to persons, or damage to property, whether ashore or afloat, arising from participation in any way in the races covered by these Sailing Instructions.
- 24.3. Attention is drawn to RRS 3, Decision to Race, which states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

By entering the event and starting a race, each boat confirms that she and her crew accept this responsibility and that they are responsible for assessing their own ability, the suitability of the boat and its equipment, the weather conditions, and any risks associated with racing. This includes any decision to race or continue racing in conditions that may be challenging or deteriorating.

25. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance, with a minimum cover of \$10M (AUD) for any one incident. By taking part in a race all boat owners are deemed to have made a declaration that they have such cover.

This insurance requirement applies to keelboats. Dinghies shall comply with Australian Sailing and club membership or SailPass insurance requirements.



26. FURTHER INFORMATION

SYC Vice Commodore of Sail:

Wayne Kirby

Email: wayne@kirbyfamily.id.au | Phone: 0418 950 250

SYC Inshore Division Sailing Committee Divisional Representative:

Tomoko Nakanishi

Email: t.nakanishi15@gmail.com | Phone: 0418 255 879

SYC Racing Coordinator:

Kayla Boothby

Email: racing.coordinator@sycgc.com.au | Phone: 0481 711 950

27. PARENT CONSENT FORM



Parent Consent Form

For participants under 18 years old.

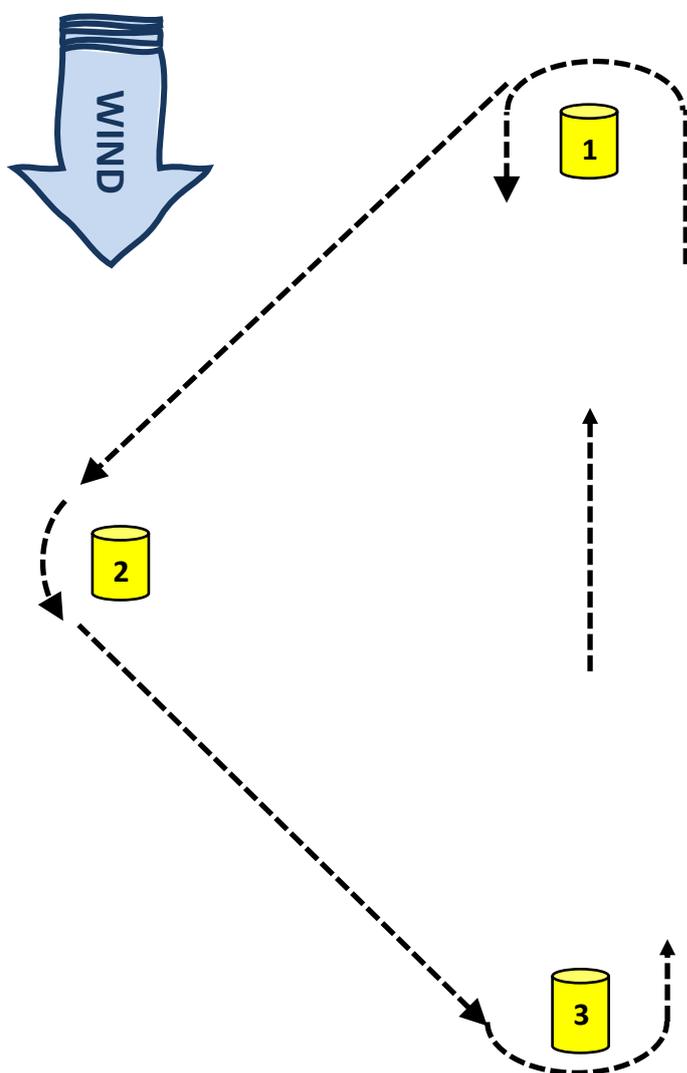
Scan QR Code / Click the link

<https://form.jotform.com/253497312363055>



ATTACHMENT A: Off the Beach Dinghy Courses

| BUOY | DESCRIPTION |
|-------------------|--|
| START | Yellow with Orange Top |
| FINISH | Yellow with Orange Top |
| 1 2 3 3s/3p | Yellow inflatable cylinders |
| 1a | Yellow inflatable cylinder with Blue Top |

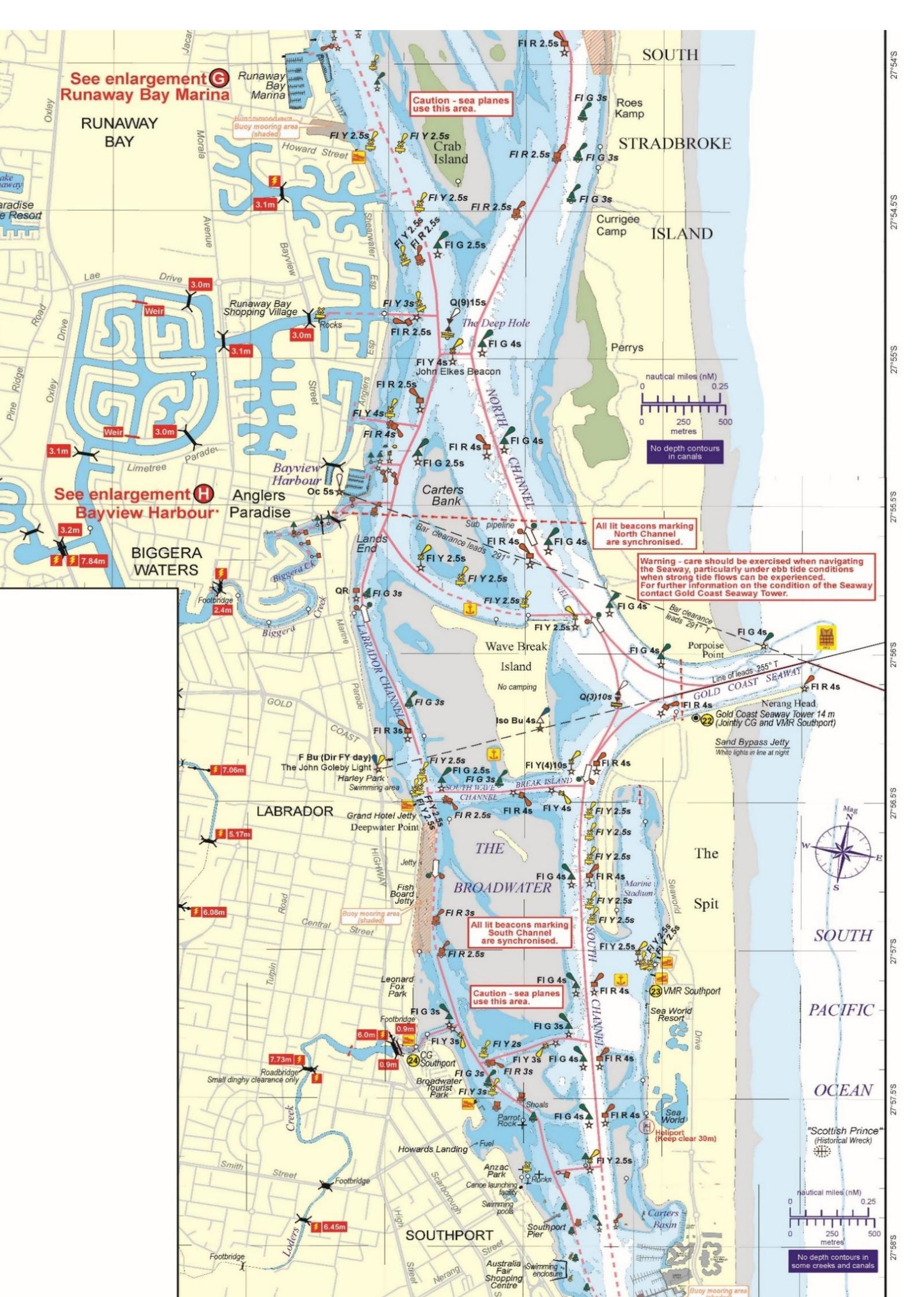




| COURSE | MARK ROUNDINGS | TYPE |
|-----------|--|------|
| W1 | START – 1 - FINISH | W/L |
| W2 | START – 1 - 3p – 1 - FINISH | W/L |
| W3 | START – 1 – 3p – 1 – 3p – 1 - FINISH | W/L |
| T1 | START – 1 – 2 – FINISH | TRI |
| T2 | START – 1 – 2 – 3p – 1 - FINISH | TRI |
| T3 | START – 1 – 2 – 3p – 1 – 3p – 1 – 2 - FINISH | TRI |

| DESIGNATED INSHORE MARKS | LOCATION / DESCRIPTION | APPROX. GPS COORDINATES (WGS84 Datum) |
|--------------------------------|---|---------------------------------------|
| Wave Break Start (WBS) | Between first Port/Starboard Laterals (From the South near southern end of Carters Banks) | 27° 55.7'S 153° 25.1'E |
| Wave Break Finish (WBF) | Between Port Lateral & Special Mark (Yellow cross) | 27° 56.4'S 153° 25.3'E |
| C | Crab Is Port Lateral | 27° 54.5'S 153° 24.9'E |
| E | SYC Mark (Inflatable Cylinder Buoy) | 27° 55.1'S 153° 24.7'E |
| F | Deep Hole Starboard Lateral | 27° 55.0'S 153° 24.8'E |
| G | South Stradbroke Starboard Lateral | 27° 55.8'S 153° 25.3'E |
| H | Seaway East Cardinal | 27° 56.2'S 153° 25.3'E |
| | | |

ATTACHMENT B: Keelboat Mark Locations and Descriptions



See enlargement **G**
Runaway Bay Marina

RUNAWAY BAY

Caution - sea planes use this area.

SOUTH

STRADBROKE

ISLAND

See enlargement **H**
Bayview Harbour

BIGGERA WATERS

All lit beacons marking North Channel are synchronised.

Warning - care should be exercised when navigating the Seaway, particularly under ebb tide conditions when strong tide flows can be experienced. For further information on the condition of the Seaway contact Gold Coast Seaway Tower.

LABRADOR

THE BROADWATER

The Spit

SOUTH

PACIFIC

OCEAN

"Scottish Prince" (Historical Wreck)

SOUTHPORT

nautical miles (nM)
0 0.25
0 250 500
metres

No depth contours in some creeks and canals

27°54.5'S
27°54.5'S
27°55.5'S
27°55.5'S
27°56.5'S
27°56.5'S
27°57.5'S
27°57.5'S
27°58.5'S