



SOUTHPORT YACHT CLUB
GOLD COAST | AUSTRALIA



ILCA METROPOLITAN CHAMPIONSHIPS



SAILING INSTRUCTIONS

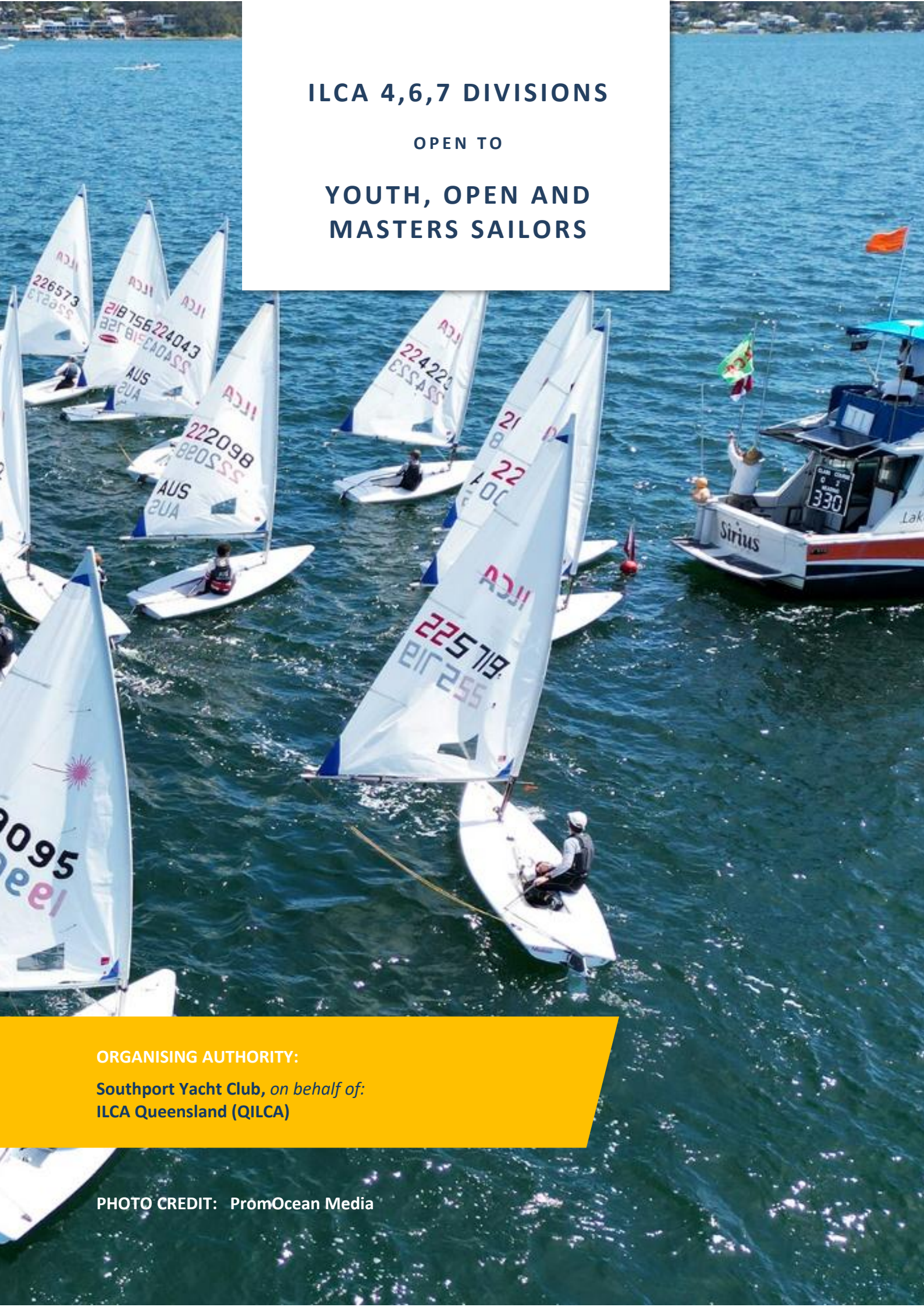


14-15 MARCH 2026

ILCA 4,6,7 DIVISIONS

OPEN TO

**YOUTH, OPEN AND
MASTERS SAILORS**



ORGANISING AUTHORITY:

Southport Yacht Club, *on behalf of:*
ILCA Queensland (QILCA)

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The notation '[NP]' means a boat may not protest another boat for breaking that rule (changes RRS 60.1). The notation '[DP]' means the protest committee may impose a penalty less than disqualification.

The notation '[SP]' means a scoring penalty applied by the race committee without a hearing for breaches of the specified rule (changes RRS A5.1 and A5.2).

For these SIs, 'session' means the day's racing.

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing
- 1.2. Appendix T – Arbitration will apply. A boat may take a Post-Race Penalty (30% scoring penalty) as per Appendix T1. Arbitration meetings and outcomes per T2–T4.
- 1.3. RRS 44.1 applies (Two-Turns Penalty). No changes.
- 1.4. The rules and by-laws of the International Laser Class Association (ILCA) apply.
- 1.5. Adherence with the SYC Sailing Policy <https://southportyachtclub.com.au/wp-content/uploads/2025/05/24-25-SYC-Sailing-Policy.pdf>

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any changes will be posted before 0900hrs on the day it will take effect. Except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. The online official notice board is located at: <https://southportyachtclub.com.au/events/ilca-metropolitan-championships-2025-26/>
- 3.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the Official Flagpole at Southport Yacht Club, Hollywell. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP (changes Race Signals AP).

6. SCHEDULE OF EVENTS

6.1. On the last scheduled day of racing no warning signal will be made after 1500hrs.

DATE	EVENT	TIME
Saturday 14 March 2026	Registration	0900 – 1015 hrs
	Competitor Briefing	1030 hrs
	Race 1	First Warning not before 1155 hrs
	Race 2 and 3	Following Race 1
Sunday 15 March 2026	Race 4	First Warning not before 1055 hrs
	Race 5	Following Race 4
	Presentation and BBQ	ASAP after Sailing

7. CLASS FLAGS

- 7.1. The Class Flags are:
- 7.1.1. ILCA 4 Yellow Flag with Red Class Insignia
 - 7.1.2. ILCA 6 Green Flag with Red Class Insignia
 - 7.1.3. ILCA 7 White Flag with Red Class Insignia

8. RACING AREA

8.1. SI Attachment A & B shows the location of the racing area.

9. COURSES

- 9.1. The courses to be sailed will be windward leeward and will be described in the Attachment C.
- 9.2. The diagrams in SI Attachment C show the courses, approximate leg angles, the order of marks, and the side on which each mark is to be left. No later than the warning signal, the race committee signal vessel will display the course to be sailed and the approximate bearing of the first leg.

10. MARKS

10.1. All Marks are as described in SI Attachment C.

11. THE START

- 11.1. The starting line is between a staff displaying an orange flag on the race committee signal vessel at the starboard end and the course side of the port-end starting mark.
- 11.2. [NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence

for other starts; the starting area is defined as within 50 m of the starting line and its extensions.

- 11.3. A boat that does not start within 4 minutes after her starting signal will be scored DNS without a hearing (changes RRS A5.1 and A5.2).

12. THE FINISH

- 12.1. The finishing line is between a staff displaying a blue flag on the finishing vessel and the course side of the finishing mark.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. In a subsequent change, a new mark will be replaced by an original mark.

14. TIME LIMITS AND TARGET TIMES

- 14.1. Mark 1 Time Limit: 20 minutes for all divisions. A boat failing to round Mark 1 within this time will be scored DNF without a hearing (changes RRS A5.1 and A5.2).

Division	Race Target Time	Race Time Limit	Finishing Window
ILCA 4	40 minutes	60 minutes	15 minutes
ILCA 6	40 minutes	60 minutes	15 minutes
ILCA 7	40 minutes	60 minutes	15 minutes

- 14.2. The Finishing Window is the time for boats to finish after the first boat in that division sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window (changes RRS 35, A5.1, A5.2 and A11).
- 14.3. Failure to meet the Target time will not be grounds for redress. This changes RRS 62.1(a).

15. HEARING REQUESTS

- 15.1. The protest time limit is 60 minutes after the last boat in the class finishes the last race of the day or the race committee signals no more racing, whichever is later. Hearing request forms are available at the Race Office and via the <https://southportyachtclub.com.au/forms-sailing/>. Appendix T (Arbitration) applies. A boat may take a Post-Race Penalty (30% Scoring Penalty) as described in Appendix T1.
- 15.2. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a time and place advised on the hearing notice.

16. SCORING

- 16.1. The Low Point System of RRS Appendix A will apply.
- 16.2. Five races are scheduled for this series.
- 16.3. Two (2) races are required to be completed to constitute a series.
- 16.3.1. When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores

- 16.3.2. When four (4) or five (5) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

- 17.1. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 17.2. All skippers shall sign on before racing each day and sign off as soon as practicable after racing (not later than the protest time limit). Sign-on/off will be located near the Sailing Office.
- 17.3. [SP] Failure to sign on will result in a 3-point penalty in the first race of the session (not worse than DNF). Failure to sign off will result in a 3-point penalty in the last race of the session (not worse than DNF). Penalties will be applied without a hearing.
- 17.4. Competitors shall comply with Australian Sailing Special Regulations Part 2.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. All competitors shall use only one hull, sail, mast and boom, centreboard and rudder during the regatta. If equipment is damaged or lost while afloat, a competitor may request substitution using the form available at the Race Office; prior written approval of the race committee is required.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 19.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

20. OFFICIAL VESSELS

- 20.1. Official vessels will be identified by the display of an SYC Burgee.

21. [DP] SUPPORT TEAMS

- 21.1. Support boats shall register at the Race Office. They shall carry a tow line suitable for ILCA dinghies.
- 21.2. Support boats shall carry a functioning VHF and monitor Ch. 10 while afloat. Failure to monitor VHF will not be grounds for redress (changes RRS 62.1).
- 21.3. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 21.4. Support boats shall remain outside areas where boats are racing and not less than 100 m from any boat racing from the preparatory signal until all boats have finished or racing is postponed/general recall/abandoned.

22. TRASH DISPOSALS

- 22.1. Trash shall not be thrown overboard. Trash may be placed aboard official or support vessels.

23. [DP][NP] BERTHING

- 23.1. Restrictions may be placed on where vessels may be stored or rigged by the SYC Sailing Office.
- 23.2. Boats may only be stored on the SYC rigging lawn for the duration of the regatta & 24hrs before/after the regatta, unless otherwise approved by the OA.

- 23.2.1. Competitors arriving more than a week prior to the commencement of the regatta should contact SYC Hollywell to make appropriate arrangements for access and storage. Boats can be stored on the Main Rigging Law for the duration of the regatta. SYC Hollywell: racing.admin@sycgc.com.au | +61 755 370 30

23.3. No tie-down restraints may penetrate the ground deeper than 300mm due to lawn irrigation systems.

24. PRIZES

24.1. Perpetual Trophies and other prizes will be awarded in accordance with ILCA rules.

25. RISK STATEMENT

25.1. RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating, each competitor acknowledges that sailing is a potentially dangerous activity with inherent risks, including strong winds and rough seas, sudden weather changes, equipment failure, handling errors, poor seamanship by others, loss of balance and fatigue. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes. SYC encourages competitors (and guardians) to exceed minimum safety requirements (e.g., helmets, impact vests) if conditions and personal circumstances warrant.

26. INSURANCE

26.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000 AUD per incident or the equivalent.

27. FURTHER INFORMATION

For further information please contact:

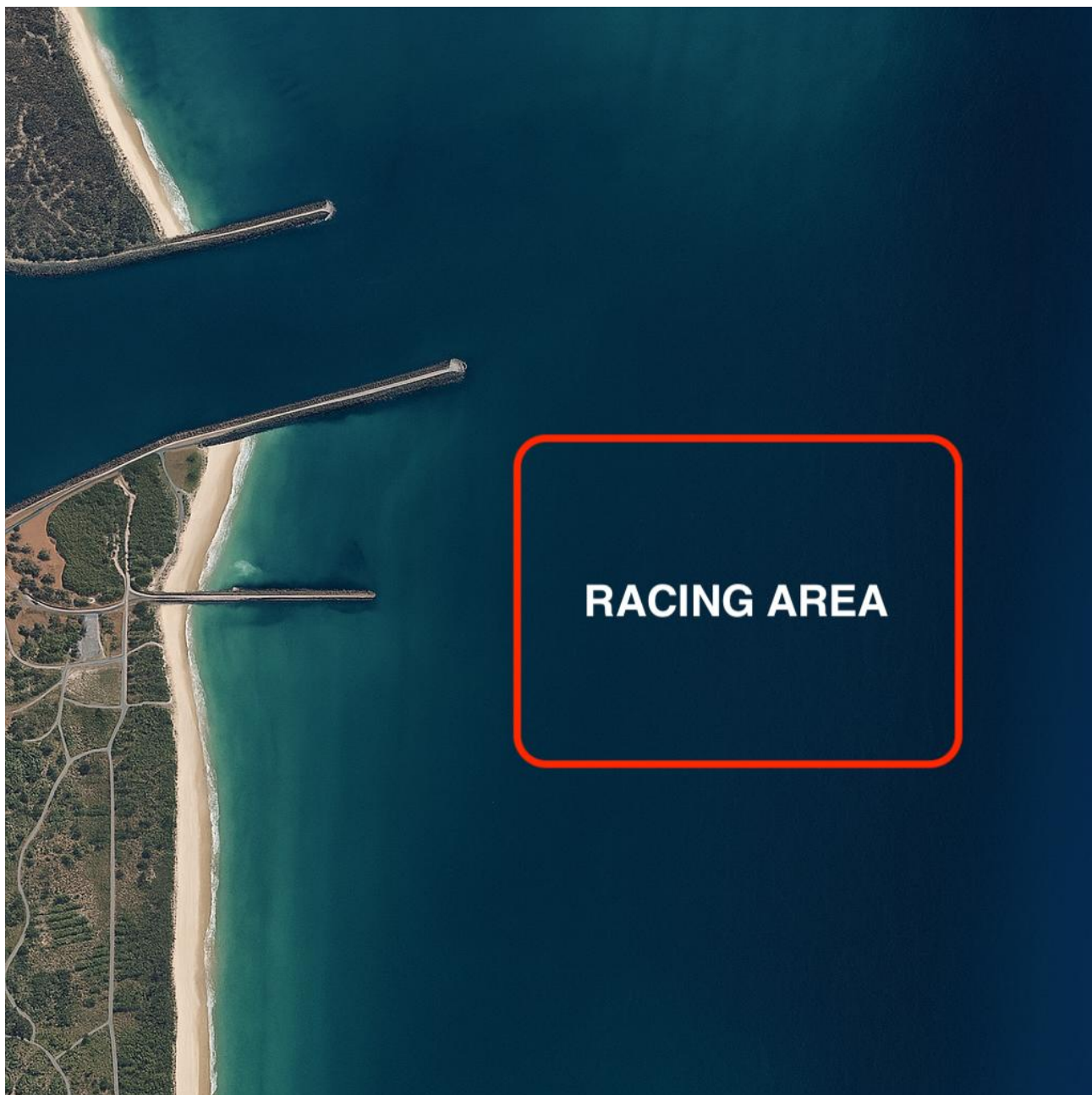
ILCA Queensland Inc.

Phil Danks: phil.danks@bigpond.com | 0404 090 127

Southport Yacht Club Inc. Hollywell Sailing Squadron, 1 Marina Crescent, Hollywell 4216.

Phone: 07 5537 7030 | Email: racing.admin@sycgc.com.au

ATTACHMENT A- OFFSHORE RACE AREA



ATTACHMENT B- INSHORE RACING AREA



ATTACHMENT C- COURSES

CODE	COURSE MARK	MARK DESCRIPTION
LA1	Start – 1 – 4p – Finish	Start Pin: Yellow with Blue Top cylindrical buoy
LA2	Start – 1 – 4s/4p – 1 – 4p – Finish	Mark 1: Orange pyramid buoy
LA3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4p – Finish	Mark 2: Yellow cylindrical buoy
LA4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – 4p Finish	
L1	Start – 2 – 4p – Finish	Mark 3: Yellow with Orange Top cylindrical buoy
L2	Start – 2 – 4s/4p – 2 – 4p – Finish	Mark 4s/4p: Orange with Black top cylindrical buoy
L3	Start – 2 – 4s/4p – 2 – 4s/4p – 2 – 4p – Finish	Finish Pin: Blue cylindrical buoy
L4	Start – 2 – 4s/4p – 2 – 4s/4p – 2 – 4s/4p – 2 – 4p Finish	
T1	Start – 1 – 3 – 4p – Finish	
T2	Start – 1 – 3 – 4s/4p – 1 – 4p - Finish	

