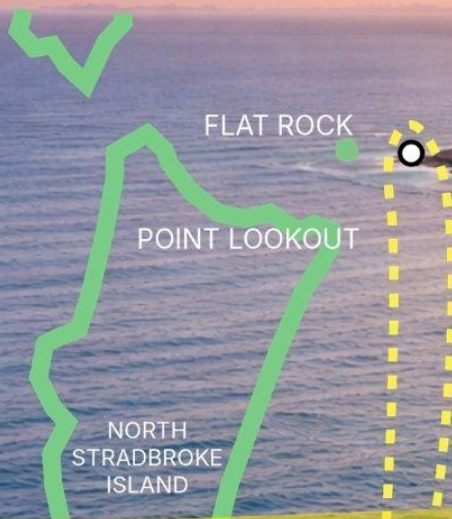


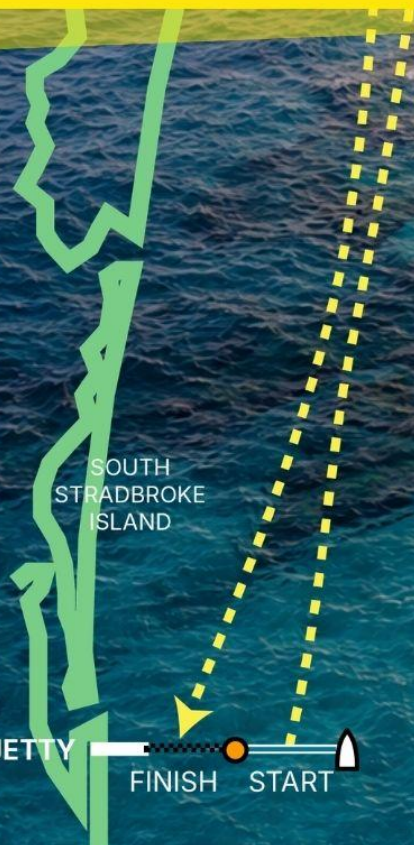
FLAT ROCK

YACHT RACE

JUNE 6, 2026



SAILING INSTRUCTIONS



67NM

BYPASS JETTY

FINISH

START



SOUTHPORT YACHT CLUB

XXXXX



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Definitions (for the purposes of these Sailing Instructions):

Discretionary Penalty (DP) means a penalty applied by the Protest Committee, which may be a time penalty or other scoring adjustment, as it considers appropriate. This changes RRS 44.1.

Scoring Penalty (SP) means a time penalty added to a boat’s elapsed time as specified in these Sailing Instructions.



1. RULES

- 1.1. The race will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2025–2028, the Notice of Race, and these Sailing Instructions.
- 1.2. Australian Sailing Special Regulations Part 1 Category 3 apply.
- 1.3. Boats competing under IRC, ORC, OMR or PHS shall hold valid certificates and comply with the eligibility requirements specified in the Notice of Race.
- 1.4. When conflict occurs between the Notice of Race and the Sailing Instructions, the rules of the Sailing Instructions shall prevail. This changes RRS 63.7
- 1.5. All competitors are reminded of RRS Part 1.1 Helping Those in Danger, “A boat or competitor shall give all possible help to any person or vessel in danger”.
- 1.6. The International Regulations for the Prevention of Collisions at Sea 1972 (COLREGS) shall apply at all times. The Racing Rules of Sailing (RRS) will apply only between those ships that are participating in the event, for the duration of the event. Should interaction occur with non-participating ships, then COLREGS shall apply to all ships and shall override all other rules.
- 1.7. RRS 44.3 does not apply. Scoring penalties, where permitted by these Sailing Instructions, shall be taken only in accordance with SI 15.
- 1.8. RRS 52 is not applicable.
- 1.9. All crew shall comply with the eligibility and documentation requirements stated in the Notice of Race.
- 1.10. GPS positions or waypoints specified use WGS84 Datum.
- 1.11. RRS Appendix T – Arbitration applies.
- 1.12. RRS Appendix WP – Rules for Racing Around Waypoints applies.
- 1.13. All boats shall carry, as a minimum, one Personal Locator Beacon (PLB) for each crew member in accordance with Australian Sailing Special Regulations Part 1 Category 3.
Each boat shall provide the Organising Authority, via the TopYacht entry system, with a complete crew list including the allocated PLB HEX ID for each crew member.
Boats carrying AIS personal overboard devices shall also provide the relevant MMSI numbers for those devices.
It is strongly encouraged that the Person in Charge ensures all PLB HEX IDs are correctly registered and valid prior to submission to the Organising Authority.
- 1.14. A minimum of five (5) boats is required to constitute the race.
- 1.15. Double Handed boats
 - 1.15.1. A boat shall have two crew.
 - 1.15.2. The minimum age of all crew is 18 years.
 - 1.15.3. Both crew members shall, prior to the start of the race, have a thorough understanding of the location, retrieval, and use of the boat’s safety equipment.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0730 hrs on the day of the Race, except that any change which affects the schedule of the Race will be posted before 1900 hrs on the day before it will take effect.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Southport Yacht Club website event page:
<https://southportyachtclub.com.au/sailing/regattas/>



4. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located on the Quarterdeck of the Southport Yacht Club Main Beach.

5. SCHEDULE

DATE - 2026	EVENT	TIME
Saturday 30 th May 2026	Entries Close	1700hrs
Thursday 4 th June 2026	List of Competitors & PHS Handicaps Published Registration & COMPULSORY Skippers Briefing @ SYC Main Beach	1900hrs
Saturday 6 th June 2026	BBQ Breakfast Available to Purchase Warning signal not before	0630hrs Not Before 0955hrs
Thursday 11 th June 2026	Presentation of Prizes @ SYC Main Beach	Approx. 1900hrs

6. DIVISIONS AND SCORING CATEGORIES

- 6.1. The event may be conducted as one or more divisions, as determined by the Race Committee based on entries received.
- 6.2. Boats may be scored in one or more scoring categories as defined in the Notice of Race, including IRC, ORC, OMR and PHS, subject to eligibility and entry requirements.

7. CLASS FLAG

The Warning Signal for all yachts shall be International Code Flag 'T'.

8. RACING AREA

The racing area shall be Offshore, between the Gold Coast Seaway and Flat Rock located in the vicinity of Point Lookout, North Stradbroke Island, as illustrated at Appendix B.

9. THE COURSE

- 9.1. The course (illustrated in Appendix B) will be a coastal passage race as follows:
- 9.2. Start in the vicinity of the Gold Coast Seaway Sand Bypass Jetty, between the Starting Mark (Port) and the Race Committee Vessel (Starboard).
- 9.3. Proceed in a Northerly direction towards Flat Rock **WAYPOINT MARK (27.23.414 Latitude S, 153.34.579 Longitude E) (27°23'41.4"S 153°34'57.9"E)**, leaving Stradbroke Island to Port.
- 9.4. Rounding Flat Rock WAYPOINT MARK (27.23.414 Latitude S, 153.34.579 Longitude E) to Port,
- 9.5. Proceed in a Southerly direction towards the Gold Coast, leaving Stradbroke Island to Starboard.
- 9.6. ~~Leaving Seaward Clearing Mark to Starboard (27.55.950 Latitude S, 153.26.780 Longitude E)~~

10. MARKS

- 10.1. The Starting Mark will be an orange cylinder buoy with a black top approximately 1.0 Meters high x 0.60 Meters diameter.
- 10.2. Flat Rock WAYPOINT MARK (27.23.414 Latitude S, 153.34.579 Longitude E), located in the vicinity of Point Lookout, North Stradbroke Island, forms the rounding waypoint mark and shall be rounded to port.



In accordance with RRS Appendix WP, the Rounding Waypoint Mark has an associated rounding quadrant defined as the area enclosed between the two bearing lines (with 90 degrees between them) extending from the waypoint. A boat that provides a valid GPS fix within this quadrant is deemed to have rounded or passed the Waypoint Mark on the correct side.



11. THE START

- 11.1. The Race will be started according to RRS Rule 26.
- 11.2. The Starting Line shall be between a staff displaying an Orange flag or shape on the Race Committee Vessel at the Starboard end of the line, and the Starting Mark at the Port end.
- 11.3. The Starting Line is located approximately one (1) nautical mile east of the seaward end of the Sand Bypass Jetty.
- 11.4. A yacht starting later than twenty (20) minutes after her Starting Signal will be scored Did Not Start. This changes RRS A4.
- 11.5. Individual Recalls will be signalled according to RRS 29.1, except that in the event of an Individual Recall the Race Committee Vessel will attempt to contact the recalled yacht on VHF09 as soon as possible but no later than fifteen (15) minutes after the Starting Signal. This modifies RRS 29.1.
- 11.6. General Recalls will be signalled according to RRS 29.2.
There is no provision for a change of course after the start.

12. SHORTENED COURSE

Prior to the start, the Race Committee may designate an alternative course or shorten the course by setting the northern turning point at FAD 14, based on the prevailing or forecast conditions and the safe conduct of the race.

Any such course alteration or shortening will be communicated to competitors at or before the warning signal.

There is no provision for shortening or changing the course once the race has started

13. THE FINISH

- 13.1. The Finishing Line shall be the imaginary line formed by the Gold Coast Seaway Sand Bypass Jetty, located to the south of the Gold Coast Seaway. Yachts shall cross the finishing line in a southerly direction at a distance of not more than one (1) nautical mile from the seaward end of the Sand Bypass Jetty (27°56.320' S, 153°27.070' E).
- 13.2. Yachts shall record their own finishing time and text Kayla Boothby on 0481 711 950 within twenty (20) minutes of their finishing time (communication window), providing:
 - a) Yacht Name
 - b) Finishing Time (HRS:MIN:SEC)



- c) Persons on Board (POB #)
- 13.3. All Skippers shall complete and submit a Skipper's Declaration Form (attached as Appendix A) as soon as possible after finishing and no later than 1600 hrs on Sunday 7 June 2026 (communication window).
- 13.4. The Skipper's Declaration shall confirm the yacht's finishing time and Persons on Board and shall state whether any rules were broken during the race. If no rules were broken, the Skipper shall note "No infringements to declare".
- 13.5. Skipper's Declarations shall be submitted via MMS text to Kayla Boothby on 0481 711 950 or via email to racing.coordinator@sycgc.com.au.

14. PENALTY SYSTEM

- 14.1. A boat that has broken a rule of RRS Part 2 shall take a One-Turn Penalty in accordance with RRS 44.2. This changes RRS 44.1.
- 14.2. Between the hrs of sunset and sunrise, a boat that has broken a rule of RRS Part 2 may take a scoring penalty instead of a One-Turn Penalty. The scoring penalty shall be a time penalty of ten (10) minutes added to the boat's elapsed time.
- 14.3. A boat that takes a scoring penalty between sunset and sunrise shall submit a Skipper's Declaration in accordance with SI 13.
- 14.4. Breaches of these Sailing Instructions, other than breaches of RRS Part 2, may be subject to a discretionary penalty (DP) applied by the Protest Committee. This changes RRS 44.1.

15. TIME LIMIT

The time limit for the race will be twenty-four (24) hrs from the time of the starting signal. Yachts which have not finished by this time will be scored DNF without a hearing.

16. PROTESTS AND REDRESS

- 16.1. Protests shall be submitted on the Hearing Request Form, available from the SYC Sailing Office at the Hollywell Sailing Squadron or Reception Desk at Main Beach and delivered there as soon as practicable, but no later than 1600 hours on Sunday 7 June 2026.
- 16.2. Hearing Notices will be posted within 48 hours of the protest time limit to inform competitors when and where there is a hearing in which they are parties or named as witnesses.
- 16.3. Protests will be heard in approximately the order of receipt and as soon as possible.
- 16.4. Requests for redress may be made in accordance with RRS 62. Redress decisions will be determined by the Protest Committee in accordance with the Racing Rules of Sailing.

17. SCORING

The Low Point Scoring System, RRS Appendix A, will apply.

18. SAFETY REGULATIONS

- 18.1. All yachts must always maintain a listening watch on Channel VHF16.
- 18.2. When entering or departing the Gold Coast Seaway, all crew shall comply with current Queensland Waterways Authority requirements regarding the compulsory wearing of personal flotation devices. **SEAWAY TOWER**; Departure **Log-On** and Arrival **Log-Off**:
- 18.2.1. All yachts shall log-on with Volunteer Marine Rescue Seaway Tower (Call sign "V.M.R. 414 SEAWAY TOWER", Channel 27.91MHz or VHF73) prior to departing, stating the Vessel name and Registration Number, number of persons on board, and the estimated time of returning.



- 18.2.2. All yachts shall log-off upon entering the Gold Coast Seaway after finishing or retiring from the race.
NB: Seaway Tower is closed between and including the hrs of 2205pm and 0515am. Please refer your communications to “VMR 400 Southport” on Ch 73 during these hrs. They will in turn notify Seaway Tower.
- 18.3. **SIGN ON RC;** All Yachts shall report to the Race Committee vessel at the starting area with all crew on deck, no later than **0940 hrs** on Saturday 6th June 2026, each wearing their compliant safety harness and tether (compliant in accordance with AS Special Regulation 5.02 SAFETY HARNESS AND SAFETY LINES (Tethers)).
- 18.4. Upon visual inspection by the Race Officer, confirmation of Persons on Board (POB) will be hailed by the Race Officer to the Skipper of each Yacht confirming details.
- 18.5. **ROUNDING THE WAYPOINT MARK;** Within 15 minutes of rounding the Flat Rock WAYPOINT MARK, all competing yachts shall notify Kayla Boothby on 0481 711 950 providing: [Yacht Name], [Photograph of an instrument displaying the fix and time of rounding within the waypoint quadrant], and Estimated Time of Finishing [ETF HRS:MIN:SEC].
- 18.6. **RETIREMENT:** Yachts which retire from the race shall inform via text to Kayla Boothby on 0481 711 950 providing: [Yacht Name], [Current GPS Lat Long Position], [general direction of travel], [POB #] and approximate Estimate Time of Return to Seaway [ETR HRS:MIN:SEC].
- 18.7. **TACKTRACKERS:** A boat shall carry a tracking device if required by the OA. The device will be supplied by the OA. The TackTracker link can be found on the event page.
- 18.8. Boats are strongly encouraged to carry satellite communication equipment. Skippers are requested to advise the Sailing Office prior to the start if satellite communications are carried and provide relevant contact detail

19. PRIZES

- 19.1. Prizes will be awarded to 1st, 2nd, & 3rd on corrected time for IRC and ORC Club & PHS scores.
- 19.2. The SYC Flat Rock Perpetual Trophy will be awarded to the 1st monohull and multihull if applicable to finish as the Line Honours winner.
- 19.3. Navigators Prize - This prize will be awarded to the yacht which has the closest actual finishing time to their Estimated Time of Finishing.
- 19.4. Other Prizes may be awarded at the discretion of the Race Committee.
- 19.5. Announcement of overall results and presentation of prizes will take place at approximately 1900 hrs on Thursday 11th June 2026 at the Southport Yacht Club Main Beach Clubhouse.

20. INDEMNITY

- 20.1. Any competitor or boat that is alleged to have deliberately invalidated certificates, falsified documentation, or otherwise knowingly misled the Organising Authority or Race Committee may be subject to action under RRS 69 (Misconduct).
- 20.2. RRS 3 states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

By participating in this event, each competitor acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include, but are not limited to, strong winds and rough seas, sudden changes in weather, equipment failure, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, fatigue, and the risk of serious injury or death.



21. SYC SAILING COMMITTEE

SYC Vice Commodore of Sail:

Wayne Kirby | 0418 950 250 | wayne@kirbyfamily.id.au

SYC Head of Racing:

Steven Murphy | 0475 434 800 | headofracing@sycgc.com.au

OD - Offshore Division Representative:

Barry Berg | 0400 110 555 | barry.wildstyle@gmail.com

HC – Handicap Committee Representatives:

Russell Birse | racing.admin@sycgc.com.au

22. SYC SAILING CONTACTS

SYC Racing Coordinator:

Kayla Boothby | 0481 711 950 | racing.coordinator@sycgc.com.au

SYC Volunteers Coordinator:

Mike Latter | 0499 941 982 | volunteers@sycgc.com.au

SYC Sailing Office:

(07) 5537 7030 | racing.admin@sycgc.com.au

23. PARENT CONSENT FORM



Parent Consent Form

For participants under 18 years old.

Scan QR Code / Click the link

<https://form.jotform.com/253497312363055>



APPENDIX A – SKIPPER’S DECLARATION

To the SYC Sailing Office

1 Marina Crescent Hollywell Qld 4216.

Phone (07) 5537 7030, **Mobile 0481 711 950**, Email: racing.coordinator@sycgc.com.au

I hereby declare that during the Flat Rock Yacht Race organised by Southport Yacht Club, I was on board and in charge of the yacht:

BOAT NAME	SAIL NUMBER

I declare that during the race the following Rules were NOT observed and/or any penalties were taken by my yacht, with details provided below.

If no rules were broken and no penalties were taken during the race, the Skipper shall state “No infringements to declare”. This declaration is required from all boats and is used to confirm finishing details and any penalties taken during the race.

The finishing time of my yacht was recorded as: ____:____:____ Date:

Name of Person-In-Charge: _____ Date:

Signature of Person-In-Charge: _____

Witnessed by: (Crew Member on board) _____



XXXX

APPENDIX B – COURSE MAP DIAGRAM

